

# Prework for Becoming a Trauma Informed CDF Freedom Schools ® Site

1. Four Key Pillars of a Trauma-Informed Approach during COVID-19

<https://www.eschoolnews.com/2020/12/17/4-key-pillars-of-a-trauma-informed-approach-during-covid-19/2/>

2. COVID-19 Considerations for a Trauma Informed Response for Work Settings (Organizations/Schools/Clinics)

<https://traumainformedoregon.org/wp-content/uploads/2020/03/Considerations-for-COVID-19-Trauma-Informed-Response.pdf>