



WHAT IS THE RESOURCE KIT?

What is the Children's Mental Health Resource Kit?

This Children's Mental Health Resource Kit is designed to help you promote access to and the availability of mental health screens and assessments for children in your state. We believe this is an essential first step in ensuring appropriate mental health treatment for children. The kit contains a number of Fact Sheets and an Action Strategies and Resources Guide. The kit is designed to help you gather information in your state and to lead you to other resources as you work to improve access to mental health screens and assessments for children.

Fact Sheets

- Introduction: Promoting Access for Children to Mental Health Screens and Assessments in Medicaid and the Children's Health Insurance Program (CHIP)
- Children's Mental Health: How Common are Children's Mental Health Problems?
- Federal Requirements: What is Required for Mental Health Screens?
- Mental Health Screens and Assessments: Why are They Important?
- The Barriers: Why is it Difficult for Children to Get Mental Health Screens and Assessments?

Action Strategies and Resources Guide

- Examining Children's Mental Health Screens and Assessments

Strategy #1: Determine the status of children's mental health advocacy in your state.

Strategy #2: Collect basic data about mental health screens and assessments.

Strategy #3: Collect data to show how your state allocates funds for children's mental health services.

Strategy #4: Collect personal stories from families about their experiences trying to get mental health screens and assessments for their children.

- Expanding Children's Mental Health Screens and Assessments

Strategy #1: Educate families, policymakers, and the public about the need to address children's mental health problems as early as possible.

Strategy #2: Promote availability and use of screening tools in settings where children and families already receive services.

Strategy #3: Encourage prevention and early intervention services.

Strategy #4: Expand delivery models for mental health screens and assessments.

Strategy #5: Organize advocacy and monitoring to expand access to mental health screens and assessments.

- Resources and References: Getting More Information



Children's Defense Fund