

Planning Your Children's Sabbath: Ideas for All Faiths



There are two kinds of Children's Sabbath celebrations. First, there are Children's Sabbath celebrations in your own place of worship. A Children's Sabbath in your own place of worship typically takes place during the customary time for services, prayers, or other worship and often follows the customary order of worship but is enriched with a special Children's Sabbath focus.

The other kind of Children's Sabbath is a community-wide multi-faith Children's Sabbath celebration that brings together many different places of worship. A community-wide, multi-faith service is planned for a day and time that do not conflict with the customary times of worship, prayers, or services of other places of worship. As a multi-faith service bringing together many

different religious traditions, this form of the Children's Sabbath service is flexible, creative and unique to your community and the leadership involved.

Both kinds of Children's Sabbath celebrations—one held within your own place of worship for your members and one held in the community for members of many places of worship—are terrific ways to participate in the Children's Sabbath movement. Decide what is best for you this year.

In this section you'll find:

- Steps for Planning a Children's Sabbath Celebration in Your Place of Worship
- Steps for Planning a Multi-Faith Children's Sabbath Celebration in Your Community

Steps for Planning a Children's Sabbath Celebration in Your Place of Worship

- ❑ **Begin with prayer.** The success of the Children's Sabbath—its ability to stir the hearts and minds and hands of people to nurture and protect children—ultimately relies on God's grace. Seek God's guidance for your Children's Sabbath, turn to God for the strength and commitment to plan it, pray for partners to help you in this venture, and thank God for the precious children God has entrusted to our care. Whatever your faith tradition, and whatever words you choose to pray, know that God is with you as you embark on planning a Children's Sabbath.
- ❑ **Secure support from appropriate religious leaders, staff, or committees.** In addition to obtaining approval for planning a Children's Sabbath, do some preliminary investigation into potential sources of financial support for your Children's Sabbath. Of course, you will have a better idea of your budget when you are further into the planning process. You may find that you can plan a Children's Sabbath with little additional expense.
- ❑ **Mark the date on the calendar for your place of worship.** The 2013 Children's Sabbath is October 18-20. Most Children's Sabbaths will take place on this third full weekend of October during a congregation's traditional worship and education time. If your congregation has a conflict with this date, select another. Keeping your celebration during the usual worship time promises greater participation and communicates that the Children's Sabbath is an integral part of your congregation's worship, work, and witness. If you select a time other than the traditional time for your place of worship, be prepared to do lots of extra promotion to ensure a strong turnout.
- ❑ **Recruit a committee to plan the Children's Sabbath and activities leading up to or following it.** Involving a broad range of people brings a wealth of gifts and experience, builds greater excitement and "ownership" of the Children's Sabbath throughout the congregation, and helps ensure that no single person gets overloaded. In addition to religious leaders and congregation staff, consider involving religious education teachers, social action committee members, children and youths, and any interested congregation members. Develop a meeting schedule that will allow sufficient planning time. Many committees find they need more frequent meetings in September and October as the Children's Sabbath draws near.
- ❑ **Identify leadership within the committee.** Designate a chairperson or co-chairs to guide the planning and ensure that goals are set, responsibilities assigned and fulfilled, and that the process moves forward effectively. You also may want to name a secretary who will keep notes of committee meetings and communicate decisions and other information to those involved. (Be sure to involve or keep informed all who will be affected by Children's Sabbath activities, such as musicians, educational program teachers and volunteers, and secretaries.) A treasurer could keep tabs on the budget allotted for the Children's Sabbath and also oversee in-kind contributions donated by the community. As the Children's Sabbath planning proceeds, the chairperson(s) should assign new tasks and responsibilities as they arise.
- ❑ **Focus your vision for the Children's Sabbath.** What do you hope will happen during and as a result of your Children's Sabbath? Do you want the Children's Sabbath to highlight and affirm the gift and gifts of children? To underscore the responsibility of adults to nurture and protect children? Do you hope to increase awareness about the serious needs of many children today? To broaden the congregation's concern for children to encompass those in the community? Do you want to energize and increase participation in

existing congregational programs serving children as a result of the Children's Sabbath? Do you hope to build excitement and commitment for starting a new congregational effort to help children? To stimulate new, individual commitments to giving time or resources to help children? Clarifying your vision for the Children's Sabbath and its impact will help guide your planning for a successful experience.

- ❑ **Determine the format of your Children's Sabbath.** You may decide to start small and build your celebration in future years, or you may want to plan an ambitious celebration now. Choose the approach that is right for your congregation and will provide a successful, affirming experience upon which you can build year after year.

These are the major components to consider for your Children's Sabbath:

- ***Service of worship/prayers:*** This is the heart of most Children's Sabbath celebrations: lifting up—in prayer, sermon, and song—God's call to people of faith to nurture and protect children. (See the downloadable worship and education resources for various faiths on CDF's website for ideas and resources.) For more information go to www.childrensdefense.org/childrenssabbaths.
 - ***Educational programs:*** Educational programs for children, youths, and adults help everyone learn more about the problems facing children, the faith-based call to respond, and ways to make a positive difference. Discussion guides for adults and children's lesson plans for a variety of faith traditions may be downloaded from the Children's Defense Fund website at www.childrensdefense.org/childrenssabbaths.
 - ***Advocacy and hands-on outreach activities:*** When people have been inspired and called in the service of worship and have learned more through the educational programs, they are eager to start making a difference for children immediately. Providing concrete outreach and advocacy activities on the Children's Sabbath, perhaps following the service of worship, helps people respond and put their faith into action. (See downloadable section, Action Ideas. Also, check the CDF's website, www.childrensdefense.org in early October for any new action alerts or other timely advocacy actions needed.)
 - ***Commitment to long-term responses to children's needs:*** This is the goal of the ***National Observance of Children's Sabbaths*** movement. The Children's Sabbath is about more than one weekend a year; it is about inspiring new, long-term responses to the needs of children. Provide opportunities for individuals to find out about, and make commitments to, ongoing action through information tables, presentations, and sign-up sheets. The ongoing action could include participating in existing programs in your congregation, volunteering with a community child-serving program or organization, or even joining a planning committee to develop a new program in your congregation. (See downloadable section Action Ideas for ideas and resources.) For more information go to www.childrensdefense.org/childrenssabbaths.
- ❑ **Involve children and youths.** The Children's Sabbath is an important time to highlight the gifts, contributions, and leadership of children and youths. However, the Children's Sabbath should not be completely turned over to children, with adults serving only as the advisors and "audience." The Children's Sabbath is meant to be an intergenerational event that demonstrates and celebrates how everyone—children, youths, parents, singles, and seniors—must respond faithfully to God's call to nurture and protect children. (Other occasions celebrated by many congregations, such as Youth Sundays or Children's Day, are more appropriate times to put the service entirely in the hands of children and youths.) Be sure to involve children and youths in the planning process as well as in carrying out parts of the Children's Sabbath. The various sections of this manual

offer specific suggestions on how children and youths can participate in promoting the Children's Sabbath, leading the service of worship, and engaging in outreach and advocacy activities. Be sure to solicit young people's ideas and suggestions to supplement those found here.

- ❑ **Involve resource people.** After you have determined the basic format and activities for your Children's Sabbath, involve resource people from the congregation and community. These may include health care professionals, public education teachers and administrators, staff of after-school programs, child care providers, Head Start teachers, staff of organizations serving families in poverty, juvenile justice professionals, police officers, staff of community organizations serving children, elected officials, and representatives of advocacy organizations working on children's behalf. Secular organizations working for children are often eager to find ways to link with religious congregations and draw on the rich resources congregations can offer. Forging these connections will not only assist you in planning your Children's Sabbath weekend, but also should create partnerships for long-term projects that build on the Children's Sabbath.
- ❑ **Recruit volunteers to help prepare for and conduct Children's Sabbath activities.** Some who may not have been able to join the ongoing planning committee would welcome responsibility for a specific task in preparation for the Children's Sabbath or during the weekend itself. In addition to recruiting volunteers through personal contact, publicize opportunities through the announcement time during the service, in the congregation's newsletter or bulletin, at meetings, and at gatherings. Tap seniors, children, youths, singles, parents—everyone! The Children's Sabbath is about the role each person can play to nurture and protect children.
- ❑ **Plan to build on the Children's Sabbath.** While you are planning the Children's Sabbath, keep your focus on the ultimate goal of stimulating new, long-term congregational and individual commitments to help children year-round. Don't wait until after the Children's Sabbath weekend to think about where you hope it will lead. Instead, make the long-term result of the Children's Sabbath a focus of the planning process. Some Children's Sabbath committees have found it useful to designate a sub-committee for follow-up to begin working on this from the start. (See Action Ideas section available for download on CDF's website for ideas and resources.) As you plan long-term follow-up, make sure that you involve the necessary religious leaders, staff, and committees, as well as other interested individuals. Your resource people can also provide input about community needs and opportunities for partnerships. Be sure you have a meeting date on the calendar after the Children's Sabbath to convene members of the Children's Sabbath Planning Committee and any others, as appropriate, to move ahead on the follow-up plans.
- ❑ **Take care of "wrap-up" details.** After the Children's Sabbath, be sure to attend to details to wrap things up. These may include evaluating the Children's Sabbath (what worked and what you would do differently next time); writing "thank you" notes to those involved in the leadership and planning and any others who made contributions; marking next year's Children's Sabbath on the congregation's calendar; setting a date for the first planning committee meeting (even though the planning committee membership may change); and closing the books on the Children's Sabbath budget. Some congregations gather the planning committee members for a special appreciation luncheon and awards or other tokens of appreciation. If videotapes or photographs were taken during the Children's Sabbath, you may want to arrange a time to display them to extend the Children's Sabbath experience, or begin a scrapbook chronicling your congregation's Children's Sabbath, and plan to add to it next year.
- ❑ **Put next year's Children's Sabbath on the calendar.** The 2014 Children's Sabbath will be held October 17-19, 2014.

Steps for Planning a Multi-Faith Children's Sabbath Celebration in Your Community

The Children's Sabbath's power and inspiration comes, in large part, from the connections it makes across faith traditions, across our nation, and across generations. It is an extraordinary opportunity to recognize and celebrate our shared commitment to assuring justice and care for children and to affirm the unifying message of our religious traditions that calls us to nurture and protect those who are young, poor, and vulnerable. Indeed, central to every great religious tradition is the mandate to protect these who are young, vulnerable, and poor with justice and compassion.

Since 1992, many communities have come together to proclaim and respond to that mandate through multi-faith Children's Sabbath celebrations. These community-wide Children's Sabbaths stand as an important example of the promise and power of multi-faith partnership for a common cause. If planned with care, sensitivity, and a commitment to inclusion, a multi-faith Children's Sabbath can be a time of new understanding, of celebration, and most importantly, of uniting and strengthening your community to nurture and protect children with even greater justice and compassion.

Below you will find suggestions for planning the practical aspects of a multi-faith Children's Sabbath. See Multi-Faith Children's Sabbath Worship Resources, available for download from CDF's website, for tips on planning the content and leadership of the service, a suggested outline for a multi-faith service, and resources for a community-wide multi-faith service from which you may select and may supplement with additional resources.

Organizing a community-wide multi-faith service may sound like a daunting task, but it can be done successfully, and has been, with tremendous contributions to the communities. These are suggested ways to coordinate the event. Feel free to adapt this process to suit your needs.

- ❑ **Recruit a team.** Connect with two, three, four, or more people to help you get started. Then convene an advisory committee of eight to fifteen members. Strive to build an advisory committee that represents the full range of religious bodies, races, and ethnicities of your community. Be sure to involve all of the faith groups you hope to include from the outset, so no one feels like an afterthought.
- ❑ **Prepare a game plan.** Develop an efficient agenda for the initial meeting of the advisory committee. A productive meeting will generate energy, enthusiasm, and continued commitment. Key items to determine include the date, site, range of events, and point people to assume responsibility for aspects of the event.
- ❑ **Build broad support and participation.** Begin to contact as many congregations and community organizations as you can to get them on board. Be sure to invite congregations of all ethnic and racial groups. Network with ministerial, rabbinical, and interfaith associations, Islamic centers and associations of mosques, schools, social clubs, and organizations dealing with children, health care, juvenile justice, poverty, violence, hunger, homelessness, education, and parenting. Contact them by letter or email and include a response form for those who wish to participate. Follow up with a phone call. Make a quick reference list of those who respond affirmatively that you can add to later.

Even if places of worship have signed on as co-sponsors of a multi-faith service, that doesn't necessarily mean that their members will attend, so work together to identify strategies that will be most successful with each place of worship, and with potential attendees overall.

Strategies for a particular place of worship include:

- Inviting a choir to perform by itself or as part of a combined choir with other places of worship, or a dance troupe, or a step group.
- Making the multi-faith service a planned event of a group such as the youth group, women's group, or religious education program.
- Planning decorations that will feature the artwork of many children from each of the sponsoring congregations, with the young artists standing on hand before the service to talk about their pictures to adults who come to view them.
- Posting a sign-up sheet for a ride in the congregation's van or in carpools.
- Posting a sign-up sheet or having a bulletin insert to fill out indicating whether a member plans to attend.
- Meeting at the place of worship before the service for an ice cream social or a simple meal like pizza or spaghetti and then traveling to the service together.
- Discussing in planning meetings how many attendees are needed from each place of worship for a desirable turnout, so each leader has a goal or sense of expectation.
- Having a light-hearted "competition" for each sponsoring place to be the "Children's Champion" by generating the greatest turnout from their members (you can weight the competition to account for the different sizes of congregations), with a "Children's Champion" plaque/statue/trophy to reside with that congregation until the next year.
- Sending out a congregation-wide email reminder the day before or the day of the community service.
- Sending notices home with the children who attend the education program, so they can encourage their families to attend.
- Talking it up during the announcement time in each place of worship for several weeks prior, and passionately conveying the urgency of the problems confronting our children; the moral imperative for people of faith to act, and the inspiration, joy, and excitement that the community service will provide in bringing together an array of others with shared concerns and common commitment.

Turnout strategies for the community at large, if your budget allows:

- Offering fun, family-friendly activities before or after the service, like face painting, simple crafts, or balloon animals. If it is outside, you could even consider something like a hay ride.
- Providing goods or services that many children and families really need, like a health check; school supplies; "dental health" goody bags donated by an area dentist with toothbrushes and toothpaste; help for eligible families to enroll in the Children's Health Insurance Program; and a chance either to serve (as a volunteer, or by making a donation) or be served by community organizations and programs.
- Arranging for simple food for purchase that can stand in as the closest meal (lunch or dinner) for time-pressed families, or providing free coffee and tea (perhaps donated by a coffee shop in the community), juice, and water, or inexpensive, kid-popular treats like popsicles.

- Offering an inexpensive but appealing item for the first 100 people. Consider providing CDF's "Protect Children Not Guns" buttons and bumper stickers, for sale on our website: https://secure.childrensdefense.org/site/Ecommerce?store_id=1101 (there are also several websites through which one can purchase items in quantity surprisingly inexpensively, from pencils to stickers to Frisbees to small stuffed toys to hats to tee-shirts). Talk to managers of stores in the community to see what they would be willing to donate.
- Publicizing a chance to meet and greet a well-known person after the event. This could be an elected leader like the mayor, a popular musician or athlete from the area, or a radio or television personality, for instance. You might be surprised by who on your planning committee knows someone (or knows someone who knows someone) who could be a "draw." While you won't want to let the fun, festival-like offerings overshadow the goal of the Children's Sabbath, which is to focus attention on the serious problems facing children, and to urge people of faith to respond, if planned carefully you can offer a combination of appealing fun that draws families in and an important message that sends them out to act faithfully and urgently to improve the lives of children.

- ❑ **Assign areas for coordination.** Areas to coordinate include site selection, administration and funding, worship planning, music, outreach/promotion/media, and activities to raise awareness and generate service and advocacy.
- ❑ **Choose a good day and time.** Schedule the multi-faith service for a time that does not exclude any group's participation. For example, scheduling a multi-faith service on Saturday afternoon, during the Jewish Shabbat, would prevent some Jews from attending. Similarly, Sunday morning scheduling is likely to conflict with most church services. Sunday afternoon or evening is usually the best time for a multi-faith event. Be aware, however, that you will need to do lots of outreach and promotion to generate strong attendance for a multi-faith service, whenever it is scheduled. See the Promotion Ideas section downloadable from CDF's website and the ideas listed above.
- ❑ **Find a suitable location.** Seek advice from people who have done similar events, and choose a site as early as possible. Feasible sites for multi-faith activities include auditoriums, hospitals, convention centers, or public buildings, parks, and schools. Of course, religious places of worship are also good sites. If you use a place of worship, be sure the religious leader is involved in the planning, since he or she will know the logistics of the site.

Consider the following in selecting a site:

- *Size:* Make sure it is large enough to accommodate the crowd you expect, but not so large that when the congregation has arrived it looks half-empty and makes your turnout appear small.
- *Staging:* Will it accommodate choirs and a procession? Is there a good sound and lighting system? Sound and, depending on the time of the service, lighting are especially important to consider if the event will be outside—which also calls for contingency plans in the event of rain.
- *Location:* Is it centrally located and convenient for all segments of the community? If not, can you arrange for shuttle buses to transport groups from other areas of the community to encourage and enable them to attend?

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- *Cost:* Try to find a site that will host the service without any charge.
- *Worship space:* Is it conducive to multi-faith worship? Will it foster unity among persons who don't know each other? Consider temporary removal of symbols or objects that might cause others distress that can be easily removed. Also, consider the addition of banners and symbols or expressions of welcome that may make guests feel more at home.
- *Parking:* Is parking available or is public transportation nearby?
- *Accessibility:* Is it accessible to people with disabilities? (Remember to have a sign language interpreter for those who are deaf or hearing impaired.)

