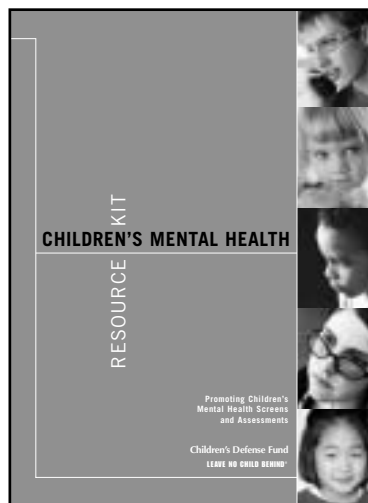


CHILDREN'S MENTAL HEALTH RESOURCE KIT

Promoting Children's Mental Health Screens and Assessments



One in 10 children and adolescents has a serious mental illness that is severe enough to cause some level of impairment. Only about one in five of them receives mental health services in any given year.

The *Children's Mental Health Resource Kit* is designed to help promote access to and increase availability of mental health screens and assessments for children through Medicaid and the Children's Health Insurance Program (CHIP) programs as an essential first step in ensuring appropriate mental health treatment for children. It will help you gather information in your state and lead you to other resources as you work to improve and expand mental health screens and assessments for children.

The Resource Kit includes:

Fact Sheets

- Introduction: Promoting Access for Children to Mental Health Screens and Assessments in Medicaid and the Children's Health Insurance Program (CHIP)
- Children's Mental Health: How Common are Children's Mental Health Problems?
- Federal Requirements: What is Required for Mental Health Screens?
- Screens and Assessments: Why are They Important?
- The Barriers: Why is it So Difficult for Children to Get Mental Health Screens and Assessments?

Action Strategies and Resources Guide

- Examining Children's Mental Health Screens and Assessments
- Expanding Children's Mental Health Screens and Assessments
- Resources and References: Getting More Information



Children's Defense Fund
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CDF encourages you to copy and share the resource kit with others.

Copies of the resource kit can be found on CDF's Web site at www.childrensdefense.org/mentalhealthresourcekit.php.
For additional copies, e-mail cdfhealth@childrensdefense.org or call (202) 662-3575.

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